

A Auckland Academic Health Alliance



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PARTICIPANT INFORMATION SHEET FOR HEALTHCARE WORKERS

Project title:

Multisite Survey of Workplace Wellbeing in Aotearoa New Zealand Emergency Departments (WoWe@NZEDs 2020)

Research team:

Principal Investigator: Dr. Mike Nicholls, Adult Emergency Department, Auckland District Health Board

Co-Investigators:

Dr Vanessa Selak, University of Auckland, Medical and Health Sciences
Associate Professor Peter Jones, Auckland DHB, University of Auckland
Prof. Chris Frampton, University of Otago, statistician
Ms Fofoa Pio, qualitative researcher
Ms Natalie Anderson, Auckland DHB, University of Auckland
Ms Marama Tauranga, Maori Health Liaison, Bay of Plenty DHB
Dr Alexandra Muthu, Occupational Physician

What does the study involve?

Dr. Mike Nicholls, on behalf of the WoWe@NZEDs 2020 Investigators, invite you to participate in the Multisite Survey of Workplace Wellbeing in Aotearoa New Zealand Emergency Departments (WoWe@NZEDs 2020) study. This information sheet is about the research we are doing. Please feel free to discuss this research with anyone from the team whom you may wish to. In particular, please ask at any stage if you are unclear or do not understand some parts of this information.

We are wanting to find out about burnout and wellbeing of health care workers who work in Emergency Departments (EDs). We are interested in all work groups, including (but not

limited to) doctors, security personnel, orderlies, nurses, health care assistants, clerical staff, cleaners, and others.

There is some research that suggests burnout is highly prevalent for many groups of people, especially doctors and nurses who work in EDs. However, very little research has been conducted investigating burnout and wellbeing in all staff groups in NZ EDs.

We suspect that documenting burnout and wellbeing, and gathering ideas for wellbeing improvement projects, may be a useful way for ED healthcare workers to better understand and contribute to reducing burnout and improve their wellbeing. This would be beneficial for staff, as well as patients and whanau, and the whole health system.

This study is being conducted at as many EDs around Aotearoa as possible. Your participation is an important part of a project that may help yourself and colleagues in your department, as well as colleagues around Aotearoa, and potentially internationally.

This research will involve filling out an electronic questionnaire. We estimate this will take 15 minutes.

Please note: Masters Dissertation: To fulfill the requirements of a dissertation (University of Auckland Masters of Health Science 60 point dissertation) Dr Mike Nicholls will submit a project to the university based upon a subset of data gathered for the current project (WoWe@NZEDs 2020).

Benefits and Risks

This research may help to better understand burnout in ED staff, as well as providing some ideas for improvement in workplace wellbeing in your department.

We do not anticipate any harmful effects from the research.

Answering questions related to burnout and stress may result in some people feeling upset. We encourage all participants to seek help if this occurs or they have other questions related to workplace wellbeing and burnout. Potential source of help may be members of your ED Healthy Workplace Group. Other sources of assistance include your GP, Employee Assistance Program, a mentor, or a trusted colleague.

Who pays for the study?

A+ Trust 7782

Australasian College for Emergency Medicine Morson-Taylor Grant 2019

Rights of the participant(s)

Participation is voluntary:

Your participation in this research is entirely voluntary. By this we mean that you may choose not to participate in the research.

Withdrawal from participation and withdrawal of data:

Even if you give your consent to participate, you may withdraw this consent at any stage during the survey without an explanation. However, it will not be possible for participants to withdraw their consent or remove their answers once they have been submitted. This is because the study is anonymous and impossible to track a particular participant's answer. However, there is a "save and return" function in the survey, so that if participants choose they may take the survey over several attempts, and withdraw at any stage by not submitting their answers.

Confidentiality and anonymity:

- The information you provide is strictly confidential.
- Those who are able to access the data directly will be Dr Mike Nicholls, our qualitative researcher Fofoa Pio and our statistician Professor Chris Frampton.
- The data will be stored on password protected sites outside the ED on a REDCap database. These data will be kept for 7 years and subsequently destroyed.
- We will use the information you provide in a way that maintains your confidentiality and in such a way that you cannot be identified by any information from this research that is made public.
- Your workplace colleagues will not have access to data that may identify you.

What will happen after the study

We aim to publicise the results of this research. This will be in the form of talks at local and international meetings and conferences, written documents such as journal articles and newsletters, and other means that may enable other interested health professionals to understand this research.

We aim to publicise this research as soon as we are able to do so in a safe and scientifically sound way.

Contact Details, additional Māori support and Approval

To discuss matters related to the research, please feel free to contact any or all of:

- Dr Mike Nicholls (mnicholls@adhb.govt.nz)
- Your local research assistant
- Your local site investigator
- Your department clinical director
- Dr Vanessa Selak (v.selak@auckland.ac.nz)
- Associate Professor Peter Jones (PeterJ@adhb.govt.nz)
- Ms Erin Hanlon (EHanlon@adhb.govt.nz)

to discuss any questions that you have.

For concerns of an ethical nature, you can contact the Auckland DHB Research Office, Ms Erin Hanlon (EHanlon@adhb.govt.nz) or at 09 307 4949 Ext: 23854.

You can also contact the Chair of the Auckland Health Research Ethics Committee at ahrec@auckland.ac.nz or at 373 7599 x 83711, or at Auckland Health Research Ethics Committee, The University of Auckland, Private Bag 92019, Auckland 1142.

If you require Māori cultural support, talk to your whānau in the first instance. You may also contact the administrator for He Kamaka Waiora (Māori Health Team) by telephoning 09 486 8324 ext 2324, or contact the Auckland and Waitematā District Health Boards Māori Research Committee or Māori Research Advisor by phoning 09 4868920 ext 3204 to discuss any questions or complaints about the study.

Link to the study:

If you are willing to participate, here is the link to the study: xxxxxxxxxxxxxx

Thank you.

Approved by Auckland Health Research Ethics Committee, expiry date for this approval 07/02/2023.

Reference number AH1164.

23 Feb 2020

DRAFT